



## **FREE** Screening Opportunity!

**Saturday, May 30 - 9:00am to 3:00pm**

University of Puget Sound  
UPS Memorial Fieldhouse  
1500 N. Warner St., Tacoma, WA 98416



**Special Smiles** provides comprehensive oral health care information, including free dental screenings and instruction on correct brushing and flossing techniques to participating Special Olympics athletes. This also includes issuing preventative supplies like toothpaste and toothbrushes and fluoride varnish.



**Opening Eyes** provides comprehensive eye assessments, prescription eyewear, sunglasses and sports goggles to Special Olympics athletes and people with intellectual disabilities in general. After going through 12 testing stations, the exam information is reviewed and a decision is made if the athlete needs a new pair of prescription glasses or sport goggles. Athletes choose from a selection of eye wear. Athletes who do not need any corrective lenses receive plano sunglasses also provided by Safilo.



**FUNfitness** is a physical therapy event that addresses the ongoing health needs of Special Olympics athletes. FUNfitness provides athletes the opportunity to be screened for flexibility of hamstring, calf, shoulder rotator and hip flexor muscles; functional strength of the abdominal and lower extremity muscles, and for balance.

For more information, contact: Lori Briere [lbriere@sowa.org](mailto:lbriere@sowa.org)

**There will be lots of prizes and giveaways if you go through all three screenings!**



Special Olympics  
**Health**

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