



# 2025 Peninsula Sub-Regional Bowling Competition

 Sunday - November 1, 2025

## VENUE LOCATION



### All Star Lanes & Casino

10710 Silverdale Way NW  
Silverdale, WA  
- 40 lanes -

## GENERAL INFORMATION

**NO LUNCHES** are being provided. Food for purchase will be available at venue.

**NO** food or drink is allowed in or around the bowling lane areas.

**NO "Day of" COACHES meeting.** Pick up TEAM PACKET at Information Table when you arrive.

Attend required zoom **BOWLING coaches meeting** on **September 23rd @ 6pm**

**Two games** played using **HANDICAP** style of competition. **Example:** (based on 200)

Average for an athlete is 95, so handicap is 105. Another athlete's average is 130, so handicap is 70. Handicap is added to final score for each of the two games.

**SOWA merchandise** - including t-shirts will be available for purchase & now available Online!  
<https://sowawear.itemorder.com/shop/home/>

## GENERAL SCHEDULE

**7:45 AM** Team Check-In Begins

**8:30 AM** Volunteer Training

**8:50 AM** Lanes open for warm up

**9:00 AM** Unified Competition

**11:20 AM** Lanes open for warm up

**11:30 AM** Singles & Ramp & Doubles Competition

**1:50 PM** Lanes open for warm up

**2:00 PM** Team Competition

**Approx 4:00PM** Conclusion of Competition

## AWARDS and Regional Advancement



Presented as results are processed and confirmed near the bowling lane participant competed on.

**NOTE:** This is a Southwest Regional qualifying event. **Gold medalists** will be advancing to the Southwest Regional Competition on November 9th at All Star Lanes & Casino.

## BOWLING RULES

Need clarification on rules, modifications...or simply need to "brush up" on things? Go to our **SOUTHWEST REGION WEBPAGE** to find rules manual and our condensed "short rules".

## VOLUNTEERS NEEDED

Send interested to:

<https://specialolympicswashington.org/event-volunteers/>

## SOUTHWEST REGION Contact Information

**Administrative Coordinator:** Phaedra Hansen - [phansen@sowa.org](mailto:phansen@sowa.org) (Registration/ Credentials)

**Program Manager:** Cheyenne Terry - [cterry@sowa.org](mailto:cterry@sowa.org) (Transportation/ Budget/ Program Support)

**Operations and Competition Manager:** Nicole McAllister - [nmcallister@sowa.org](mailto:nmcallister@sowa.org) (Competition/ Sport Related)