



# 2025 East SUB Regional (Valley - Walla Walla - Tri Cities areas) Bowling Competition



Sunday - October 19, 2025

## VENUE LOCATION



### Spare Time Lanes

711 W. Vineyard Dr.  
Kennewick, WA.  
- 24 lanes -

#### GENERAL INFORMATION

**NO HOUSING** or **LUNCHES** are being provided. Food for purchase will be available at venue.

**NO** food or drink is allowed in or around the bowling lane areas.

**NO "Day of"** coach meeting.

**TEAM PACKET** at Information Table when you arrive.

**COACH:** Required **BOWLING coach meeting** on **October 8th @ 5:30pm.**

Go to **EAST REGION**

**WEBPAGE** for registration link!

**Two games** are played using a **HANDICAP** scoring formula:

**Example:** (based on 200)

Average for an athlete is 95, so handicap is 105.

Another athlete's average is 130, so handicap is 70.

Handicap is added to final score for each of the two games.

**SOWA merchandise** will be available for purchase.

#### VOLUNTEERS NEEDED

**HELP US RECRUIT:** Send interested to LINK found on EAST REGION Webpage!

## SCHEDULE

#### Morning Shift Teams: TBD

**8:15 AM** Team Check-In Begins

**8:45 AM** Lanes open for warm up

**9:00 AM** Competition begins - ALL EVENTS

#### Afternoon Shift Teams: TBD

**12:45 PM** Team Check-In Begins

**1:15 PM** Lanes open for warm up

**1:30 PM** Competition begins - ALL EVENTS

**5:00 PM (approximate)** Competition Completed

#### AWARDS and ADVANCEMENT



**AWARDS** are presented near the bowling lane participant is competing on as **division results** are processed and confirmed.

**ADVANCEMENT:** This is a qualifying event for the EAST REGION BOWLING REGIONAL in the **Tri Cities on Sunday, November 9th.** (only **GOLD** medalists qualify for regional)

**NOTE:** The number of gold medals offered at this sub regional is determined by the participation in our additional sub regionals hosted throughout the EAST REGION.

#### BOWLING RULES

Need clarification on rules, modifications...or simply need to "brush up" on things? Go to our **EAST REGION Webpage** to find rules manual and our condensed "short rules".

#### EAST REGION Contact Information

**Program Manager:** Tim Toon - [ttoon@sowa.org](mailto:ttoon@sowa.org) (credential and transportation related)

**Competition Manager:** Grant Opland - [gopland@sowa.org](mailto:gopland@sowa.org) (competition related)

**East Region Webpage:** <https://specialolympicswashington.org/east-region-sports/>