



Special Olympics Pickleball Assessment Singles



Athlete
Name:

Gender:

Age:

Athlete

Delegation:

Coach:

DOB:

Volley (8 attempts)				Dink Rally - (8 attempts)				Serve (8 attempts)				Return of Serve (8 attempts)				Rally (8 attempts)			
A stands center 1' behind NVL				3' behind NVL				Behind Baseline				A stands center 1' from baseline				Serve behind Baseline			
Forehand CC	1	A- Right Service Area	1				Right Service Area Wide	1			Attempt -RSA	C	1		A serves	RSB	1		
Backhand CC	2	F- Right Service Area	2				Right Service Area Wide	2			Attempt -RSA	D	2		A serves	LSB	2		
Forehand CC	3	A- Left Service Area	3				Right Service Area Middle	3			Attempt -RSA	C	3		F serves	RSB	3		
Backhand CC	4	F-Left Service Area	4				Right Service Area Middle	4			Attempt -RSA	D	4		F serves	LSB	4		
Forehand DL	5	A-Right Service Area	5				Left Service Area Wide	5			Attempt -LSA	C	5		A serves	RSB	5		
Backhand DL	6	F- Right Service Area	6				Left Service Area Wide	6			Attempt -LSA	D	6		A serves	LSB	6		
Forehand DL	7	A-Left Service Area	7				Left Service Area Middle	7			Attempt -LSA	C	7		F serves	RSB	7		
Backhand DL	8	F- Left Service Area	8				Left Service Area Middle	8			Attempt -LSA	D	8		F serves	LSB	8		
1. Total							3. Total				4. Total				5. Total				
Rally/Dink Scoring				Scoring: Rally or Dink Rally, # consecutive hits is placed above line and points earned below line.															
# Consecutive Hits				1	2-3	4-5	6 +												
Score: Points earned				1	2	3	4												

Mobility Table		SINGLES												Mobility Score	Level	Grand Total	check	
Time	30	29	28	27	26	25	24	23	22	20	19	18	17	16	15	ISC	0-16	
Score	1	2	3	4	5	6	7	8	9	12	16	21	27	34	42	L1	17-41	
Add Totals and Mobility = Grand Total																		
1. Total	2. Total		3. Total		4. Total		5. Total		6. Mobility		Grand Total		L2	42-70				
													L3	71-100				
													L4	101-166+				