

# Overview by Sport

SWIMMING List of Events & Standards						
Event	Male			Female		
	USA Games Record	Performance Standard	Division 1 Performance Standard	USA Games Record	Performance Standard	Division 1 Performance Standard
25 Free	13.62 (2022)	≤ 28.79	N/A	15.71 (2010)	≤ 31.79	N/A
25 Back	15.22 (2022)	≤ 31.16	N/A	19.67 (2006)	≤ 36.32	N/A
50 Free*	26.66 (2018)	≤ 47.16	≤ 31.01	29.14 (2018)	≤ 59.54	≤ 39.15
50 Back	31.40 (2018)	≤ 01:02.22	≤ 40.91	40.18 (2018)	≤ 01:15.56	≤ 49.68
50 Fly	29.30 (2022)	≤ 59.03	≤ 38.81	32.77 (2018)	≤ 01:18.79	≤ 51.80
50 Breast	38.30 (2022)	≤ 01:10.34	≤ 46.25	45.13 (2018)	≤ 01:25.22	≤ 56.03
100 Free	55.13 (2010)	≤ 01:41.45	≤ 01:06.70	01:07.16 (2022)	≤ 02:09.25	≤ 01:24.99
100 Back	01:06.82 (2018)	≤ 02:13.72	≤ 01:27.93	01:16.20 (2022)	≤ 02:39.37	≤ 01:44.79
100 Fly	58.57 (2018)	≤ 02:04.57	≤ 01:21.91	01:28.65 (2018)	≤ 02:45.97	≤ 01:49.13
100 Breast	01:10.84 (2018)	≤ 02:14.57	≤ 01:28.48	01:32.83 (2022)	≤ 02:59.36	≤ 01:57.93
100 IM	01:10.36 (2022)	≤ 02:18.87	≤ 01:31.31	01:23.83 (2018)	≤ 02:38.84	≤ 01:44.44
200 Free	01:49.05 (2018)	≤ 3:58.67	≤ 02:16.93	02:37.12 (2018)	≤ 04:59.57	≤ 03:16.97
200 IM	02:08.32 (2018)	≤ 04:37.83	≤ 03:02.68	03:04.18 (2018)	≤ 06:34.17	≤ 04:19.17
400/500 Free	04:36.93 (2006)	≤ 09:46.79	≤ 6:25.63	05:44.61 (2010)	≤ 12:45.39	≤ 08:23.26