



2025 SPECIAL OLYMPICS SPRING SEASON

May 10, 2025 - SWIMMING COMPETITION

EAST REGION

Eastern Washington University - EWU Aquatic Center

526 5th St., Cheney

Qualifying competition for **SPRING STATE GAMES!**

EAST REGION (ER) WEBPAGE

(season - sport specific - competition information)

Go to: sowa.org / click on "Sports" / Click on "East Region Sports"



"Day of" SCHEDULE

Team Check In Begins.....	8:45am
Pool warm up Begins	9:00am
Competition Begins	10:00am
Lunch Distribution Begins	11:00am
Competition Ends	Approx. 5:00pm

COMPETITION INFORMATION

HOSPITALITY BOX will be provided to participants. Box will include light snacks such as **power bar, chips, fruit, and drink.**

(More detailed information on how teams can add food to each HOSPITALITY BOX can be found on ER webpage)

Competition Preparation **COACH** meeting on **May 2nd @ 5:30pm.** Registration Required.
(find link on ER webpage)

TEAM PACKETS available for early pick up at **Holiday Inn Express in Cheney** on **May 9th between 7:00pm - 9:00pm.** (also at "check in" on May 10th at venue)

Virtual (zoom) / In person (Holiday Inn Express Cheney) "DAY BEFORE" SWIMMING COACH meeting on **May 9th @ 7:30pm.** Registration Required. (find link on ER webpage)

TRANSPORTATION NEEDS: Contact ER Program Manager Tim Toon at ttoon@sowa.org

MERCHANDISE will be available at the **Aquatic Center** - just outside the main pool entrance.

HEALTHY ATHLETES will provide **screenings on site** throughout the competition!

AWARDS:

Processed as events are completed and placed in "**AWARDS BOX**" to be picked up by coach at completion of competition. A "**photo opp**" booth will be available in the hallway for athletes displaying awards.