



# 2025 Northwest Regional Athletics Competition

 **Saturday, April 26, 2025**

## FACILITY LOCATION



**Chief Sealth  
International High  
School**

2600 SW Thistle St.  
Seattle, WA 98126

## PRIOR TO EVENT

*Please submit any corrections  
prior to this event.*

*Attend the Pre-Season Coaches  
Meeting March 31 @ 7pm.*

*Submit any scratches if you have  
any at Marshalling! Please bring  
your relay forms to Marshalling.*

## SCHEDULE OF EVENTS

**7:00AM Check- In Begins**

**7:45AM Coaches Meeting (Post Race Staging)**

**8:00AM First Call (First Race)**

**8:15AM First Race Begins on the track**

**8:30AM Field Events First Calls**

**9:00AM Merchandise Opens**

**10:00AM Hospitality Opens**

**4:00PM Merchandise Closes**

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## EVENT STAFF

SOWA staff will be located all around the venue, if you need to reach one they will have radios

## COMPETITION

*Please be LISTENING to the calls that will be going over the loud speaker. In your coach's packet is a breakdown of all your athletes' divisions. For Athletics, be prepared to take your athletes to marshaling when the division is called.*

***Track takes precedence over Field events***

## FIRST AID

*Emergency Management Group (EMG) will be on site to conduct any needs for the event.*

*Mobile EOC #253-666-8340*

*Please report all injuries and fill out an accident/incident form.*

*Please remember to bring all Athlete Registration Form's with you.*

## EVENT INFORMATION

*Merchandise will be on site and available for purchase! We also have an online store if you don't find what you like on site.*

<https://sowawear.itemorder.com/shop/home/>

*Keep in mind that this is to be a fun and competitive event. Sportsmanship is expected from all coaches, parents and participants.*

## AWARDS

*Will be presented throughout the day as races finish.*

*Advancements for the 2025 Spring Games will be determined closer to the event date.  
Unless otherwise noted by Nicole Becker; Sr. Manager of Competition & Operations; Western Washington*