

# Special Olympics Washington



East Region - Area Leaders

November 1, 2024

**Tim's Upcoming Schedule & Travel**      Saturday, November 2 \* Volleyball \* Tri-Cities

Check out the HUGE Photo Gallery at the end of this Memo.

**VIRTUAL TOWN HALL RECORDING** – Thanks to those that were able to join the meeting earlier this week. For those unable to participate, here is the recording.

[Eastside Virtual Listening Tour Recording](#)

## **WINTER SEASON CHRIS PRATT – Deadline is MONDAY**

- The Chris Pratt Sustainability Fund exists to provide financial support to programs and teams starting a new sport or in need of 'one-time-only' or non-regular expenses.
- Apply [here](#)
- Deadline to Apply: Monday, November 4, 2024
- Awards Announced: Monday, November 11, 2024

## **WINTER SEASON UPDATES**

- Thanks for submitting your Intent to Participate forms. Soon, Participation Rosters will be sent out with a due date of November 26.
  - Update athlete and volunteer credentials here: <https://portals.specialolympics.org/> - if you are experiencing challenges, please reach out to [portalsupport@sowa.org](mailto:portalsupport@sowa.org) or Lindsey Cornish ([lcornish@sowa.org](mailto:lcornish@sowa.org)).
  - More resources for athletes, circles of care, etc. around portal navigation coming soon!

## **UPDATED EAST REGION CALENDAR**

- November 2                      Volleyball Regionals (Tri-Cities)
- November 3                      Bowling Regional (Tri-Cities)
- November 18                     Winter Practice Start Date
- November 26                     Practice Participation Rosters Due
- January 6                         Final Competition Roster Due for Sunnyside Basketball Regionals
- January 13                        Final Competition Roster Due for Pullman Basketball Regionals
- January 20                        Final Competition Roster Due for Snow Sports, Cheerleading & Skating
- February 2                        Basketball Regionals in Sunnyside
- February 8                        Basketball Regionals in Pullman
- February 28–March 2         State Games - Wenatchee

The East Region Web Site is your most up to date source for Competition information.

<https://specialolympicswashington.org/east-region-sports/>

**EMPHASIS on ATHLETE SUPERVISION at OVERNIGHT EVENTS:** At Spring State Games, we experienced higher than normal incidents of Athletes getting lost on the PLU campus, and being under supervised in

the Dorms and at the Dance. The safety of our Athletes is the #1 priority. In the near future, we will be putting together supervision guidelines for our Coaches & Chaperones.

**EMPHASIS ON ELIMINATING TRASH TALKING:** We expect all those associated with Special Olympics to be respectful to each other. We need to get rid of negative statements or actions between opposing players and coaches – **ON and OFF the field**. This includes taunting, baiting, berating opponents, trash-talking, or actions which ridicule, threaten, or cause embarrassment to them. Coaches & Program Coordinators – Please address this with your teams. Repeat offenders will be subject to sanctions listed in the Special Olympics Code of Conduct.

**EMPHASIS ON LESS CONTACT IN SPORTS:** Thanks for your efforts with this initiative. At Soccer Regional & State Competitions, we observed far less contact than in previous seasons. We still have a ways to go, but are making solid progress.

**EAST REGION CHALLENGE ... let's build a wheelchair!**

*Danielle Cares for Chairs* collects plastic bread tabs to make wheelchairs ... ok, they recycle the tabs to make money for wheelchairs. The Whitman County Cougars Special Olympics Team is collecting for this foundation, and we need your help!!

ATHLETES – we challenge you to collect as many tabs as you can, and you can win a T-shirt!

- Each athlete who collects 100 tabs earns a T-shirt!
- Deadline is the 2025 Spring Regionals in Cheney, WA
- You do not have to attend the Games; your tabs can be brought by a coach or fellow athlete.
- The form below must be inside a zip lock bag(s) with your tabs so we can award your prize.
- Tim Toon, East Region Program Manager, will be awarding the T-shirts. Athletes who collect 500 or more tabs will receive an even bigger prize ... but that's something Tim needs to figure out before Spring Season!!



100 of these cool little plastic tabs = one of these cool little t-shirts (designs vary according to stock & sizes on hand)

Helpful hint – 100 tabs weighs @ 1.3 ounces, so we will award T-shirts according to weight since we will not be able to count every bag at the Regional Tournament. So, 500 tabs will weigh 6.5 ounces.

**Bread Tab Collection!**

Help Special Olympics Washington collect bread tabs to fund for a wheelchair! Please contact Lauren or Deb with any questions!  
Lauren.wille@wsu.edu & whitcospecialo@gmail.com

Local Tab Collector:

250,000 tabs

1 wheelchair

Tana Abbott \* Twin Rivers



Walla



National Disability Employment Awareness \* Walla



Tri-Cities \* Hanford Howl Ultimate Frisbee Event



West Plains Bowling



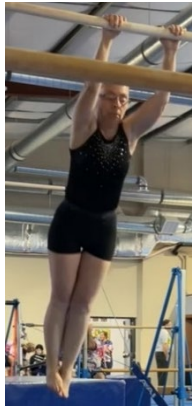
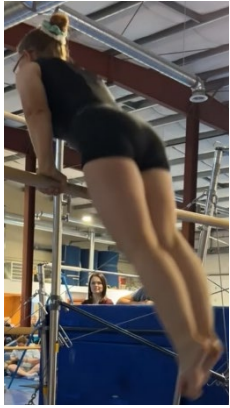
Simplot Trailer \* Free French Fries for All \* Moses Lake & Othello Athletes at Flag Football



Lilac City Bowling \* Halloween Party



Moses Lake Gymnastics



Country Strong Bowling



Wolfpack Bowling



Moses Lake Bowling





Pacers Football



West Plains Football



Othello Football



Okanogan County Football



Lilac City Football



Tri-Cities Football

