



# 2024 Westside Flag Football

## COMPETITION OVERVIEW



Sunday  
September  
15, 2024



Puyallup  
Valley Sports  
Complex



808 Valley Avenue  
NW  
Puyallup, WA  
98371



### GENERAL SCHEDULE

Team Check-in: 8:00 AM

Coaches Meeting: 8:30 AM

Flag Football Competition 9 AM - 4 PM

Individual Skills Competition: 11 AM - 1PM



*Awards will be  
presented  
throughout  
the day*




*More information  
will be provided as  
we get closer to  
the competition.*



# 2024 Northwest & Southwest Regional Flag Football Competition



 Sunday September 15, 2024

## FIELD LOCATION



**Puyallup Valley Sports  
Complex**  
808 Valley Avenue NW  
Puyallup, WA 98371

## PRIOR TO EVENT

*Prepare for fall weather.*

*Please bring your own  
tents & chairs for  
seating.*

*Be sure to stop by and  
purchase any SOWA  
Merchandise!*

## SCHEDULE OF EVENTS

**8:00 AM** Check - in Begins

**8:30 AM** Coaches Meeting on Field 1

**8:30 AM** Volunteer Meeting Activities Tent

**8:30 AM** Officials Meeting

**8:30 AM** Merchandise is Open for Business

**9:00 AM** First Games Kick Off

**11:00 AM** Individual Skills Competition

**12 PM - 1 PM** Lunch Pick-Up (Check-in)

**1:00 PM** Individual Skills Awards

**4:30 PM** Conclusion of Competition (Tentative)



# 2024 Northwest & Southwest Regional Flag Football Competition



 Sunday, September 15, 2024

## Event Staff

*SOWA staff will be located at the Results Table and via radio*

## COMPETITION

*Competition is between 9:00 am - 4:30pm.*

*This competition will be a double elimination style bracketed competition.*

*If this changes either Alex or Nicole will inform the head coach.*

## FIRST AID

*Please report all injuries and fill out an accident/incident form.*

*Please remember to bring all Athlete Registration Form's with you.*

## EVENT INFORMATION

*This will be a divisioning competition for the 2024 Fall State Games in the Tri-Cities on November 1-3 2024.*

*Keep in mind that this is to be a fun and competitive event. Sportsmanship is expected from all coaches, parents and participants.*

## AWARDS

*Will be presented throughout the day as divisions finish.*

*Individual Skills awards will be at 1pm*

