

# 2024 Spring Games | Powerlifting Results

Competition: SQUAT



Entrant name	Gender	Age group	Weight Class	Delegation	Squat	Division	Place
Steffen, Harmony Yokoi	Female	24- 39	69	SW-Clark County	62.5	1	1
Thom, Courtney Anne	Female	24- 39	84+	SW-Thurston County	70	2	1
Kolb, Luisa Fernandez	Female	24- 39	84+	SW-Grays Harbor Hawks	52.5	2	2
Woodruff, Briana M	Female	24- 39	84+	SW-Clark County	52.5	2	2
Byrd, Erica Deborah	Female	40+	84+	East-Twin Rivers	42.5	3	1
Aaronson, Keegan Michael	Male	14- 18	74	NW-Auburn	82.5	4	1
Meneely, Kevin James	Male	14- 18	120	SW-Grays Harbor Hawks	100	5	1
Velasco Cervantes, Don Thomas	Male	14- 18	120+	East-Tri-Cities	115	6	1
Gatlin, Kris Lee	Male	19- 23	59	SW-Clark County	90	7	1
Mckeldowney, Nikolas James	Male	19- 23	74	NW-Auburn	62.5	8	1
Beltan, Joey Ray	Male	19- 23	105	NW-Auburn	152.5	9	1
Murren, Christopher Ray	Male	19- 23	120	NW-Auburn	112.5	10	1
Jones, Ezra Gregory-Allen	Male	19- 23	120	East-Tri-Cities	70	10	2
Nguyen, Jimmy	Male	24- 39	66	SW-Clark County	DQ	11	P
Hibdon, Mitch Kaye	Male	24- 39	74	SW-Thurston County	82.5	12	1
Mcperson, Doug R	Male	24- 39	74	SW-Clark County	62.5	12	2
Slotnick, Zachary	Male	24- 39	83	SW-Sound Athletics Titans	110	13	1
Howell, Kyle	Male	24- 39	93	SW-Clark County	90	14	1
Pruitt, Latrell Michael	Male	24- 39	105	NW-Auburn	180	15	1
Baker, Aaron Leland	Male	24- 39	105	NW-Auburn	112.5	15	2
Skinner, Nicholas Todd	Male	24- 39	105	SW-Thurston County	75	15	3
Kelley, Ryan M	Male	24- 39	120	SW-Clark County	210	16	1
Fitzgerald, Zachary	Male	24- 39	120	SW-Grays Harbor Hawks	105	16	2
Bacon, Allan Scott Lee Derald	Male	24- 39	120+	SW-Thurston County	97.5	17	1
Mccarthy, Chantz	Male	24- 39	120+	SW-Thurston County	82.5	17	2
Duarte, Travis	Male	24- 39	120+	SW-Grays Harbor Hawks	57.5	17	3

Breshears, Alexander	Male	24- 39	120+	East-Tri-Cities	175	18	1
Seward, Jesse	Male	24- 39	120+	SW-Thurston County	147.5	18	2
Rauscher, Damon Kyle	Male	24- 39	120+	NW-Auburn	107.5	18	3
Hoyne, Dalton	Male	40+	74	SW-Thurston County	92.5	19	1
Thueson, Shane Richard	Male	40+	93	East-Twin Rivers	77.5	19	2
Berg, Gregory Paul	Male	40+	120	East-Tri-Cities	30	19	3

# 2024 Spring Games | Powerlifting Results

Competition: **BENCH**



Entrant name	Gender	Age group	Shift	Delegation	Bench	Division	Place
Fisk, Mackenzie Ann	Female	14- 18	Morning	SW-Sound Athletics Titans	32.5	1	1
Murrin, Rhylee Rachelle	Female	14- 18	Morning	East-Twin Rivers	27.5	1	2
Steffen, Harmony Yokoi	Female	24- 39	Morning	SW-Clark County	45	2	1
Thom, Courtney Anne	Female	24- 39	Morning	SW-Thurston County	47.5	3	1
Kolb, Luisa Fernandez	Female	24- 39	Morning	SW-Grays Harbor Hawks	42.5	3	2
Woodruff, Briana M	Female	24- 39	Morning	SW-Clark County	40	3	3
Byrd, Erica Deborah	Female	40+	Morning	East-Twin Rivers	27.5	4	1
Rhodes, Evan Alexander	Male	14- 18	Morning	SW-Clark County	50	5	1
Aaronson, Keegan Michael	Male	14- 18	Afternoon	NW-Auburn	57.5	6	1
Clark, Jayson Theodore	Male	14- 18	Afternoon	East-Country Strong	DQ	7	1
Mendiola, Audi	Male	14- 18	Morning	SW-Sound Athletics Titans	62.5	8	1
Meneely, Kevin James	Male	14- 18	Morning	SW-Grays Harbor Hawks	67.5	9	1
Velasco Cervantes, Don Thomas	Male	14- 18	Afternoon	East-Tri-Cities	60	10	1
George, Kole Jacob	Male	14- 18	Morning	SW-Sound Athletics Titans	55	10	2
Gatlin, Kris Lee	Male	19- 23	Morning	SW-Clark County	45	11	1
Mckeldowney, Nikolas James	Male	19- 23	Afternoon	NW-Auburn	37.5	12	1
Eid, Faris	Male	19- 23	Morning	SW-Clark County	45	13	1
Hooper, Aaron	Male	19- 23	Morning	SW-Sound Athletics Titans	75	14	1
Beltan, Joey Ray	Male	19- 23	Afternoon	NW-Auburn	95	15	1
Murren, Christopher Ray	Male	19- 23	Afternoon	NW-Auburn	95	16	1
Jones, Ezra Gregory-Allen	Male	19- 23	Afternoon	East-Tri-Cities	50	16	2
Serrano, Jarrod	Male	19- 23	Afternoon	SW-Longview Kelso	32.5	17	1
Bunch, James D	Male	24- 39	Morning	East-Twin Rivers	50	18	1
Nguyen, Jimmy	Male	24- 39	Morning	SW-Clark County	50	18	1
Carpenter, Dustin Scott	Male	24- 39	Afternoon	SW-Longview Kelso	42.5	18	2
Ruiz, Cheyenne	Male	24- 39	Afternoon	SW-Longview Kelso	37.5	18	3

Rice, Michael	Male	24- 39	Morning	SW-Sound Athletics Titans	35	18	4
Hibdon, Mitch Kaye	Male	24- 39	Afternoon	SW-Thurston County	60	19	1
Rockwood, Brent	Male	24- 39	Morning	SW-Clark County	50	19	2
Mcperson, Doug R	Male	24- 39	Morning	SW-Clark County	47.5	19	3
Gaul, Lonnie Everette	Male	24- 39	Afternoon	SW-Longview Kelso	22.5	19	4
Slotnick, Zachary	Male	24- 39	Morning	SW-Sound Athletics Titans	67.5	20	1
Howell, Kyle	Male	24- 39	Morning	SW-Clark County	82.5	21	1
Guevin, John Henry	Male	24- 39	Afternoon	East-Country Strong	65	21	2
Pruitt, Latrell Michael	Male	24- 39	Afternoon	NW-Auburn	97.5	22	1
Skinner, Nicholas Todd	Male	24- 39	Afternoon	SW-Thurston County	60	22	2
Baker, Aaron Leland	Male	24- 39	Afternoon	NW-Auburn	50	22	3
Kelley, Ryan M	Male	24- 39	Morning	SW-Clark County	110	23	1
Fitzgerald, Zachary	Male	24- 39	Morning	SW-Grays Harbor Hawks	80	23	2
Smiley, Jasper	Male	24-39			75	23	3
Newton, John David	Male	24- 39	Morning	SW-Clark County	60	23	4
Rauscher, Damon Kyle	Male	24- 39	Afternoon	NW-Auburn	75	24	1
Starr, Sean	Male	24- 39	Morning	SW-Clark County	65	24	2
Mccarthy, Chantz	Male	24- 39	Afternoon	SW-Thurston County	47.5	24	3
Duarte, Travis	Male	24- 39	Morning	SW-Grays Harbor Hawks	35	24	4
Seward, Jesse	Male	24- 39	Afternoon	SW-Thurston County	125	25	1
Bacon, Allan Scott Lee Derald	Male	24- 39	Afternoon	SW-Thurston County	80	25	2
Breshears, Alexander	Male	24- 39	Afternoon	East-Tri-Cities	80	25	2
Mcgearey, Corbin James	Male	24- 39	Afternoon	SW-Thurston County	77.5	25	3
Hoynes, Dalton	Male	40+	Afternoon	SW-Thurston County	60	26	1
Mathews, Larry Victor	Male	40+	Morning	SW-Clark County	65	27	1
Thueson, Shane Richard	Male	40+	Morning	East-Twin Rivers	62.5	27	2
Berg, Gregory Paul	Male	40+	Afternoon	East-Tri-Cities	42.5	28	1
Bishop, Rachel Lynn	Female	40+	Morning	East-Twin Rivers	25	29	1
Shull, Jacob	Male	24- 39	Afternoon	SW-Thurston County	42.5	30	1

# 2024 Spring Games | Powerlifting Results

Competition: **DEADLIFT**



Entrant name	Role	Gender	Age group	Weight Class	Delegation	Deadlift	Division	Place
Fisk, Mackenzie Ann	Athlete	Female	14- 18	84+	SW-Sound Athletics Titans	82.5	1	1
Murrin, Rhylee Rachelle	Athlete	Female	14- 18	84+	East-Twin Rivers	57.5	1	2
Steffen, Harmony Yokoi	Athlete	Female	24- 39	69	SW-Clark County	80	2	1
Woodruff, Briana M	Athlete	Female	24- 39	84+	SW-Clark County	90	3	1
Thom, Courtney Anne	Athlete	Female	24- 39	84+	SW-Thurston County	80	3	2
Kolb, Luisa Fernandez	Athlete	Female	24- 39	84+	SW-Grays Harbor Hawks	75	3	3
Byrd, Erica Deborah	Athlete	Female	40+	84+	East-Twin Rivers	80	4	1
Bishop, Rachel Lynn	Athlete	Female	40+		East-Twin Rivers	57.5	5	1
Rhodes, Evan Alexander	Athlete	Male	14- 18	66	SW-Clark County	85	6	1
Aaronson, Keegan Michael	Athlete	Male	14- 18	74	NW-Auburn	107.5	7	1
Clark, Jayson Theodore	Athlete	Male	14- 18	93	East-Country Strong	52.5	8	1
Mendiola, Audi	Athlete	Male	14- 18	105	SW-Sound Athletics Titans	85	9	1
Meneely, Kevin James	Athlete	Male	14- 18	120	SW-Grays Harbor Hawks	150	10	1
George, Kole Jacob	Athlete	Male	14- 18	120+	SW-Sound Athletics Titans	132.5	11	1
Velasco Cervantes, Don Thomas	Athlete	Male	14- 18	120+	East-Tri-Cities	100	11	2
Gatlin, Kris Lee	Athlete	Male	19- 23	59	SW-Clark County	137.5	13	1
Eid, Faris	Athlete	Male	19- 23	83	SW-Clark County	105	14	1
Hooper, Aaron	Athlete	Male	19- 23	93	SW-Sound Athletics Titans	100	14	2
Beltan, Joey Ray	Athlete	Male	19- 23	105	NW-Auburn	162.5	15	1
Murren, Christopher Ray	Athlete	Male	19- 23	120	NW-Auburn	187.5	16	1
Jones, Ezra Gregory-Allen	Athlete	Male	19- 23	120	East-Tri-Cities	102.5	16	2
Russel, Maxwell C.	Athlete	Male	19- 23	120+	SW-Grays Harbor Hawks	47.5	17	1
Serrano, Jarrod	Athlete	Male	19- 23		SW-Longview Kelso	80	18	1
Nguyen, Jimmy	Athlete	Male	24- 39	66	SW-Clark County	125	19	1
Bunch, James D	Athlete	Male	24- 39	66	East-Twin Rivers	117.5	19	2
Rice, Michael	Athlete	Male	24- 39	66	SW-Sound Athletics Titans	87.5	19	3

Ruiz, Cheyenne	Athlete	Male	24- 39	66	SW-Longview Kelso	75	19	4
Carpenter, Dustin Scott	Athlete	Male	24- 39	66	SW-Longview Kelso	65	19	5
Rockwood, Brent	Athlete	Male	24- 39	74	SW-Clark County	120	20	1
Hibdon, Mitch Kaye	Athlete	Male	24- 39	74	SW-Thurston County	102.5	20	2
Mcpherson, Doug R	Athlete	Male	24- 39	74	SW-Clark County	102.5	20	2
Gaul, Lonnie Everette	Athlete	Male	24- 39	74	SW-Longview Kelso	75	20	3
Slotnick, Zachary	Athlete	Male	24- 39	83	SW-Sound Athletics Titans	132.5	21	1
Howell, Kyle	Athlete	Male	24- 39	93	SW-Clark County	140	22	1
Guevin, John Henry	Athlete	Male	24- 39	93	East-Country Strong	115	22	2
Pruitt, Latrell Michael	Athlete	Male	24- 39	105	NW-Auburn	202.5	23	1
Skinner, Nicholas Todd	Athlete	Male	24- 39	105	SW-Thurston County	132.5	23	2
Baker, Aaron Leland	Athlete	Male	24- 39	105	NW-Auburn	125	23	3
Kelley, Ryan M	Athlete	Male	24- 39	120	SW-Clark County	252.5	24	1
Fitzgerald, Zachary	Athlete	Male	24- 39	120	SW-Grays Harbor Hawks	145	24	2
Newton, John David	Athlete	Male	24- 39	120	SW-Clark County	145	24	2
Smiley, Jasoer	Athlete	Male	24-39	120		137.5	24	3
Seward, Jesse	Athlete	Male	24- 39	120+	SW-Thurston County	215	25	1
Breshears, Alexander	Athlete	Male	24- 39	120+	East-Tri-Cities	182.5	25	2
Rauscher, Damon Kyle	Athlete	Male	24- 39	120+	NW-Auburn	182.5	25	2
Mcgearey, Corbin James	Athlete	Male	24- 39	120+	SW-Thurston County	155	25	3
Bacon, Allan Scott Lee Derald	Athlete	Male	24- 39	120+	SW-Thurston County	150	29	1
Starr, Sean	Athlete	Male	24- 39	120+	SW-Clark County	140	29	2
Mccarthy, Chantz	Athlete	Male	24- 39	120+	SW-Thurston County	125	29	3
Duarte, Travis	Athlete	Male	24- 39	120+	SW-Grays Harbor Hawks	105	29	4
Shull, Jacob	Athlete	Male	24- 39		SW-Thurston County	77.5	26	1
Mathews, Larry Victor	Athlete	Male	40+	93	SW-Clark County	162.5	27	1
Hoyne, Dalton	Athlete	Male	40+	74	SW-Thurston County	120	27	2
Thueson, Shane Richard	Athlete	Male	40+	93	East-Twin Rivers	112.5	27	3
Berg, Gregory Paul	Athlete	Male	40+	120	East-Tri-Cities	50	28	1

# 2024 Spring Games | Powerlifting Results

Competition: **Combo 1**



Entrant name	Role	Gender	Age group	Weight Class	Delegation	Bench	Deadlift	Combo 1	Division	Place
Fisk, Mackenzie Ann	Athlete	Female	14- 18	84+	SW-Sound Athletics Titans	32.5	82.5	115	1	1
Murrin, Rhylee Rachelle	Athlete	Female	14- 18	84+	East-Twin Rivers	27.5	57.5	85	1	2
Bishop, Rachel Lynn	Athlete	Female	40+		East-Twin Rivers	25	57.5	82.5	2	1
Rhodes, Evan Alexander	Athlete	Male	14- 18	66	SW-Clark County	50	85	135	3	1
Mendiola, Audi	Athlete	Male	14- 18	105	SW-Sound Athletics Titans	62.5	85	147.5	4	1
George, Kole Jacob	Athlete	Male	14- 18	120+	SW-Sound Athletics Titans	55	132.5	187.5	5	1
Eid, Faris	Athlete	Male	19- 23	83	SW-Clark County	45	105	150	6	1
Hooper, Aaron	Athlete	Male	19- 23	93	SW-Sound Athletics Titans	75	100	175	7	1
Serrano, Jarrod	Athlete	Male	19- 23		SW-Longview Kelso	32.5	80	112.5	8	1
Nguyen, Jimmy	Athlete	Male	24- 39	66	SW-Clark County	50	125	175	9	1
Bunch, James D	Athlete	Male	24- 39	66	East-Twin Rivers	50	117.5	167.5	9	2
Rice, Michael	Athlete	Male	24- 39	66	SW-Sound Athletics Titans	35	87.5	122.5	9	3
Ruiz, Cheyenne	Athlete	Male	24- 39	66	SW-Longview Kelso	37.5	75	112.5	9	4
Carpenter, Dustin Scott	Athlete	Male	24- 39	66	SW-Longview Kelso	42.5	65	107.5	9	5
Rockwood, Brent	Athlete	Male	24- 39	74	SW-Clark County	50	120	170	10	1
Gaul, Lonnie Everette	Athlete	Male	24- 39	74	SW-Longview Kelso	22.5	75	97.5	10	2
Guevin, John Henry	Athlete	Male	24- 39	93	East-Country Strong	65	115	180	11	1
Smiley, Jasoer	Athlete	Male	24-39	120	SW-Thurston County	75	137.5	212.5	12	1
Newton, John David	Athlete	Male	24- 39	120	SW-Clark County	60	145	205	12	2
Mcgearey, Corbin James	Athlete	Male	24- 39	120+	SW-Thurston County	77.5	155	232.5	13	1
Starr, Sean	Athlete	Male	24- 39	120+	SW-Clark County	65	140	205	13	2
Shull, Jacob	Athlete	Male	24- 39		SW-Thurston County	42.5	77.5	120	14	1
Mathews, Larry Victor	Athlete	Male	40+	93	SW-Clark County	65	162.5	227.5	15	1



## 2024 Spring Games | Powerlifting Results

Competition: COMBO 2

Entrant name	Gender	Age group	Weight Class	Delegation	Squat	Bench	Deadlift	Combo 2	Division	Place
Steffen, Harmony Yokoi	Female	24- 39	69	SW-Clark County	62.5	45	80	187.5	1	1
Thom, Courtney Anne	Female	24- 39	84+	SW-Thurston County	70	47.5	80	197.5	2	1
Woodruff, Briana M	Female	24- 39	84+	SW-Clark County	52.5	40	90	182.5	2	2
Kolb, Luisa Fernandez	Female	24- 39	84+	SW-Grays Harbor Hawks	52.5	42.5	75	170	2	3
Byrd, Erica Deborah	Female	40+	84+	East-Twin Rivers	42.5	27.5	80	150	3	1
Aaronson, Keegan Michael	Male	14- 18	74	NW-Auburn	82.5	57.5	107.5	247.5	4	1
Meneely, Kevin James	Male	14- 18	120	SW-Grays Harbor Hawks	100	67.5	150	317.5	5	1
Velasco Cervantes, Don Thomas	Male	14- 18	120+	East-Tri-Cities	115	60	100	275	6	1
Gatlin, Kris Lee	Male	19- 23	59	SW-Clark County	90	45	137.5	272.5	7	1
Beltan, Joey Ray	Male	19- 23	105	NW-Auburn	152.5	95	162.5	410	8	1
Murren, Christopher Ray	Male	19- 23	120	NW-Auburn	112.5	95	187.5	395	9	1
Jones, Ezra Gregory-Allen	Male	19- 23	120	East-Tri-Cities	70	50	102.5	222.5	9	2
Hibdon, Mitch Kaye	Male	24- 39	74	SW-Thurston County	82.5	60	102.5	245	10	1
Mcpherson, Doug R	Male	24- 39	74	SW-Clark County	62.5	47.5	102.5	212.5	10	2
Slotnick, Zachary	Male	24- 39	83	SW-Sound Athletics Titans	110	67.5	132.5	310	11	1
Howell, Kyle	Male	24- 39	93	SW-Clark County	90	82.5	140	312.5	12	1
Pruitt, Latrell Michael	Male	24- 39	105	NW-Auburn	180	97.5	202.5	480	13	1
Baker, Aaron Leland	Male	24- 39	105	NW-Auburn	112.5	50	125	287.5	13	2
Skinner, Nicholas Todd	Male	24- 39	105	SW-Thurston County	75	60	132.5	267.5	13	3
Kelley, Ryan M	Male	24- 39	120	SW-Clark County	210	110	252.5	572.5	14	1
Fitzgerald, Zachary	Male	24- 39	120	SW-Grays Harbor Hawks	105	80	145	330	14	2
Bacon, Allan Scott Lee Derald	Male	24- 39	120+	SW-Thurston County	97.5	80	150	327.5	15	1
Mccarthy, Chantz	Male	24- 39	120+	SW-Thurston County	82.5	47.5	125	255	15	2
Duarte, Travis	Male	24- 39	120+	SW-Grays Harbor Hawks	57.5	35	105	197.5	15	3
Seward, Jesse	Male	24- 39	120+	SW-Thurston County	147.5	125	215	487.5	16	1
Breshears, Alexander	Male	24- 39	120+	East-Tri-Cities	175	80	182.5	437.5	16	2
Rauscher, Damon Kyle	Male	24- 39	120+	NW-Auburn	107.5	75	182.5	365	16	3
Hoyne, Dalton	Male	40+	74	SW-Thurston County	92.5	60	120	272.5	17	1
Thueson, Shane Richard	Male	40+	93	East-Twin Rivers	77.5	62.5	112.5	252.5	18	1
Berg, Gregory Paul	Male	40+	120	East-Tri-Cities	30	42.5	50	122.5	19	1