



# 2024 SPECIAL OLYMPICS SPRING SEASON

## May 11, 2024 - SWIMMING COMPETITION

### EAST REGION

Eastern Washington University - EWU Aquatic Center  
526 5th St., Cheney

Qualifying competition for **SPRING STATE GAMES!**

#### EAST REGION (ER) WEBPAGE

(season - sport specific - competition information)

Go to: [sowa.org](http://sowa.org) / click on "Sports" / Click on "East Region Sports"



### "Day of" SCHEDULE

---

Team Check In Begins.....	8:45am
Pool warm up Begins .....	9:00am
Competition Begins .....	10:00am
Lunch Distribution Begins .....	11:00am
Competition Ends .....	Approx. 5:00pm

### COMPETITION INFORMATION

- 
- + **Lunch provided.** Submit Lunch Request form no later than **April 22nd.** (Find on ER webpage)
  - + **ATHLETIC COACH zoom meeting on April 23rd @ 5:30pm. Registration Required.**  
(Link on ER webpage)
  - + **TECHNICAL MANUAL** will be emailed no later than **May 3rd** - includes specific competition details!
  - + Virtual **COMPETITION COACH MEEING** is scheduled for **May 10th @ 8:30pm. Registration Required.**  
(Link on ER webpage)
  - + **TEAM PACKETS** will be available for early pick up on **May 10th at 7:00pm** in the lobby area @ **Holiday InnExpress in Cheney.**  
Also available during team check in on the day of our competition.
  - + **Transportation needs:** Contact Program Manager Tim Toon: [ttoon@sowa.org](mailto:ttoon@sowa.org)