



Lunch Request Form

EAST REGION Athletic and Swimming Regionals – May 11th

Please complete this **request form** in its entirety and be as accurate as possible when submitting lunch counts and sandwich selections.

COMPLETE and email to: gopland@sowa.org

DUE DATE: no later than May 2nd!

Programs – some of you have teams in both sports – please identify below!

Team name: _____ **Sport:** _____ **Coach Name** _____

Turkey _____ **Ham** _____ **Gluten Free Turkey** _____ **Gluten Free Ham** _____

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Turkey _____ **Ham** _____ **Gluten Free Turkey** _____ **Gluten Free Ham** _____