# 2024 Northwest Regional Athletics Competition



📆 Saturday, May 4, 2024

# TRACK LOCATION



Juanita High School 10601 NE 132nd St, Kirkland, WA 98034



## **PRIOR TO EVENT**

Please submit any corrections prior to this event.

Attend Coaches Meeting

Submit Scratches if you have any at Marshalling!

## SCHEDULE OF EVENTS

7:00 AM Check - in Begins

**7:45 AM** Coaches Meeting (Post Race Staging)

8:00 AM First Race Kicks Off

8:15 AM Merchandise is Open for Business

8:30 AM Field Events First Calls

9:00 AM Hospitality Tent Open

9:00 AM 25 M W/C Obstacle First Call

9:15 AM Continued Track Events Begin

**12 PM - 1 PM** Lunch Pick-Up (By Merchandise)

**4:30 PM** Conclusion of Competition (Tentative)





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#### **Event Staff**

SOWA staff will be located all around the venue - but if you need to reach one they have radios.

#### COMPETITION

Competition is between 8:00 am - 4:50pm. Please be listening to the calls In your coaches packet is a breakdown of all of your athletes divisions. Be prepared to take your athletes to marshaling when the division is called.

Track takes precedence over the field events.

#### FIRST AID

Emergency Management Group (EMG) will be on side to conduct any needs for the event.

Mobile EOC #253-666-8340

Please remember to bring all Athlete Registration Form's with you.

## **EVENT** INFORMATION

Merchandise will be on site and available for purchase!

Keep in mind that this is to be a fun and competitive event. Sportsmanship is expected from all coaches, parents and participants.

#### **AWARDS**

Will be presented throughout the day as races finish.

Advancements for the 2024 Spring Games will be determined closer to the event date.

Unless otherwise noted by Nicole Becker; Sr Manager of Competition & Operations, NW Region.

