

**Special Olympics**  
Washington



Presented by

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SuperStore  
Pasco, WA

**November 17-19, 2023**  
**Tri-Cities, Washington**

**Flag Football**





# 2023 Fall State Games

## Flag Football



### Location:

Badger Mountain Community Park  
350 Keene Rd  
Richland, WA 99352

### Date & Time:

- Saturday, November 18
  - 9:00am – 4:00pm
  - 10:00am Individual Skills Competition (Awards to starting at 1:00pm)
- Sunday, November 19
  - 9:00am – 2:00pm (Team Awards ongoing starting at 10:00am)

\*Athletes & coaches should arrive 30 minutes prior to the start of their competition schedule

### Awards:

Awards will take place at Badger Mountain Community Park. Individual Skills awards will take place after the completion of skills competition, and all team awards will be awarded both Saturday and Sunday as they play out of their division.

### Spectator Rules:

No spectators are allowed inside the field parameters unless they are the Head Coach or registered assistant coach. Please be respectful of the officials and follow designated signage. If you have an issue you would like to review, please approach the sports information desk and ask for venue leadership.

### Other Information:

- The field surface is natural grass
- It is highly recommended to bring extra layers of clothing and blankets as well as camping chairs to sit in
- A warming tent will be on-site for spectators and teams to warm-up



# Schedule of Events

## Flag Football

### Friday, Nov 17

4:00 – 6:30pm	Team Check-In and Packet Pickup	Richland High School
6:00pm	OC Team Staging/Teams Check In	Richland High School
7:00 – 8:30pm	Opening Ceremony	Richland High School

### Saturday, Nov 18

8:30am	Coaches Meetings-Except Gymnastics	All Competition Venues
9:00am	Competition Start-Except Gymnastics	All Competition Venues
10:00am	Flag Football Individual Skills Comp.	Badger Mountain Comm. Park
11:00am	Lunches Provided	At Assigned Venues
1:00pm	Flag Football Individual Skills Awards	Badger Mountain Comm. Park
4:30-7:00pm	Hair Fair	Desert Hills Middle School
4:30pm – 9:00pm	Olympic Town	Desert Hills Middle School
5:00pm – 7:00pm	Victory Dinner	Desert Hills Middle School
7:00pm – 9:00pm	Victory Dance – <i>Candyland!</i>	Desert Hills Middle School

### Sunday, Nov 19

8:30am	Coaches Meetings	All Competition Venues
9:00am	Competition Start Time	All Competition Venues
11:00am	Lunch Provided	At Assigned Venues
10:00am-3:00pm	Flag Football Awards-Ongoing	Badger Mountain Comm. Park

For Detailed Schedules and other State Games information, please visit the  
[2023 State Fall Games Webpage \(clickable\)](https://specialolympicswashington.org/event/state-fall-games/)

<https://specialolympicswashington.org/event/state-fall-games/>



# 2023 Fall State Games Flag Football

**Badger Mountain Community Park**  
**350 Keene Rd**  
**Richland, WA 99352**



[Link to map here.](#)





# Activities

## Opening Ceremony

The 2023 Opening Ceremonies is a time to recognize those 800 Athletes who have endured an incredible amount of training prior to competing in the 2023 State Fall Games. We honor them now with a series of Olympic Opening Ceremony traditions like the Flame of Hope, inspirational speakers, and much more!

**Location:**

Richland High School

**Date:**

Friday, November 17, 2023

**Time:**

Staging: 6:00 pm – 6:45 pm (Please arrive early where possible)

Ceremony: 7:00 pm – 8:30pm

## Young Athletes

Come join the movement and see what Special Olympics Young Athletes is all about! All children ages 2-7 are invited to participate in the FREE Young Athletes Experience during Fall Games.

**Location:**

Badger Mountain Elementary School Richland, WA

**Date:**

Saturday, November 18, 2023

**Time:**

- Check-In: 10:00am
- Young Athletes Experience: 10:00am-10:45am
- Certificate Presentation: 10:45am-11:00am

**Experience Details:**

- Check-In and Waivers
- Opening Circle & Stretches
- Station Rotations (throwing, kicking, balance, striking, etc.)
- Certificate Presentation





# Guest Housing Information

Family and Guests will be housed in separate hotels and are responsible to arrange their own accommodations. Discounted rates have been secured at partnering hotels for those attending. Please click on the link below to view the list of hotels and their pricing discounts.

[Welcome to Tri-Cities Family and Guest hotels](#)

## Activities

### Youth Leadership Experience

A Youth Leadership Experience is a deliberately planned series of activities designed to engage Special Olympics youth leaders and develop their knowledge of inclusive youth leadership, management of Special Olympics events, and community programming.

Special Olympics Washington will select 6 Unified Pairs (1 student 1 with and 1 student without IDD) and their mentor to attend the weekend experience. Each pair will participate in 3 rotations:

1. Young Athletes Experience Volunteering
2. Interviewing of volunteers, coaches, and athletes
3. General Volunteering

The skills learned at a YLE will empower youth leaders to return to their schools and communities as agents of change.





# Activites

## Olympic Town

Olympic Town has a wide variety of educational, entertainment, and sport-type activities. Specifically, you might find Lego Derby, Nerf Shooting Gallery, Basketball Hoops, Bingo, Balloon Darts, and much more. Special guests may also be roaming the grounds.

Athletes can earn tickets for actively participating in activities at Olympic Town. Tickets won at Olympic Town can be used to purchase prizes at the Trading Post.

**Location:**

Desert Hills Middle School

**Date:**

Saturday, November 18

**Time:**

4:30 PM - 9:00 PM

## Victory Dance

**Location:**

Desert Hills Middle School

**Date:**

Saturday, November 18

**Time:**

Dance: 7:00 PM—9:00 PM

**Theme:**

Theme: Candyland



Families are invited to join us for the Victory Dance. Any family member that would like to attend will have to register ahead of time.

**Registration closes November 15.**

**No meals will be provided with registration, it is just access to the dance.**

**[Family Register for the Victory Dance, Click Here!](#)**



# Activities

## Souvenirs

SOWA and Fall Games Souvenirs will be available for purchase at the below locations and times:

Location	Times and Days Available
Richland High School	Friday - 4:00 PM - 8:30 PM
Badger Mountain Community Park	Saturday, 9:00 AM - 3:00 PM Sunday, 9:00 AM - 1:00 PM
Enterprise Middle School	Saturday, 9:00 AM - 3:00 PM Sunday, 9:00 AM - 1:00 PM
Spare Time Lanes	Saturday, 9:00 AM - 3:00 PM Sunday, 9:00 AM - 1:00 PM
Desert Hills Middle School	Saturday – 4:30pm – 8:30pm

## Hair Fair

Hair Fair is an activity which allows athletes to have their hair styled, as well as make up applied and nails done by student beauticians and their instructors, prior to the Dinner Dance. Athletes should come with clean hair! Please note Hair Fair is for athletes and unified partners only.

**Location:**

Desert Hills Middle School

**Date:**

Saturday, November 18

**Time:**

Dance: 4:00 PM - 7:00 PM

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## Volunteer Opportunity!

Saturday, November 18th (4:00pm to 8:30pm)

Desert Hills Middle School

1701 S Clodfelter Rd, Kennewick, WA 99338



[Health Promotion](#) focuses on healthy living, healthy lifestyle choices, and nation-specific health issues. In addition to health education activities, health Promotion offers screenings for bone density, blood pressure, and body mass index (BMI). Its goals include encouraging and enhancing healthy behaviors and improving self-efficacy and self-advocacy.



[Fit Feet](#) offers screenings to evaluate ankles, feet, lower extremity biomechanics, and proper shoe and sock gear to participating athletes. Fit Feet helps Special Olympics athletes step lively on the playing field, and in everyday life.



[Healthy Hearing](#) provides free hearing screenings and other medical services, including ear wax removal, swim molds, hearing aid maintenance and minor repairs for people with intellectual disabilities.



[Game Day Minds Performance Station](#) (not a clinical screening) provides mental health resources, tips and coping tools. You will support athletes in preparing for their competition through visualization exercises.

**Register to Volunteer Here:**



For more information, contact:  
Emma Richardson / [erichardson@sowa.org](mailto:erichardson@sowa.org)



# Visit Healthy Athletes!

November 18th, 2023 Fall Games  
Desert Hills Middle School  
1701 S Clodfelter Rd, Kennewick, WA 99338



## Healthy Athletes are clinical screenings designed to provide an inclusive and safe environment for our athletes.

At the 2023 Fall Games, we will host three Healthy Athletes Screenings: **Health Promotion**, **FitFeet**, and **Healthy Hearing** and one performance station: **Game Day Minds**. Stop by for the chance to win a prize!



**Game Day Minds**  
Performance Station  
(not a clinical screening) provides mental health resources, tips and coping tools.



**Health Promotion** focuses on healthy living, healthy lifestyle choices, and nation-specific health issues.



**Fit Feet** helps Special Olympics athletes step lively on the playing field, and in everyday life.



**Healthy Hearing** provides free hearing screenings and other medical services, including ear wax removal, swim molds, hearing aid maintenance and minor repairs for people with intellectual disabilities.



### Desert Hills Middle School:

- Healthy Athletes - 4:00-8:00 PM
- Game Day Minds - 4:00-8:00 PM

Complete health and fitness activities listed on the back of your credential throughout the weekend to be entered into a prize raffle!

