

2022 Spring Games Swimming Schedule

	Comp Pool	Heat Numbers	Rec Pool	Heat Numbers
8:15 AM	1500m freestyle	001		
	800m freestyle	-		
9:15 AM	4x100m unified freestyle relay	002	10m assisted swim	201-208
	4x25m freestyle relay	003-006	15m walk	209-219
	4x50m unified freestyle relay	007-008	15m unassisted swim	220-228
	4x100m freestyle relay	009	15m flotation	229-238
	4x25m medley relay	010	15m backstroke	239-242
	4x100m unified medley relay	011		
	4x50m freestyle relay	012-015		
	4x25m Unified Medley	016-017		
	4x100m medley relay	018		
	4x50m medley relay	019-020		
	4x200m unified freestyle relay	-		
	25m butterfly	021-024		
	400m freestyle	025-026		
	25m freestyle Group A	027-038		
	100m butterfly	039		
	200m freestyle	040-042		
	50m breaststroke	043-047		
	25m Freestyle Group B	048-062		
	100m individual medley	063-066		
	25m flotation*	067-071		
	25m breaststroke	072-076		
	100m freestyle	077-087		
	50m backstroke	088-100		
	200m individual medley	101		
	25m backstroke	102-121		
	200m breaststroke	122		
	50m butterfly	123-126		
	100m backstroke	127-131		
	50m freestyle	132-160		
	100m breaststroke	161-163		
	200m backstroke	164-165		

Competition Pool (CP): Events will be run in both the north and south ends of the pool.

Recreation Pool (RP): Events should be finished by 1 PM.

Warm-ups: Will be in the Dive Tank.

Long distance races: 1500m and 800m races will be held at 8:15 am if there are no conflicts, 400m after relays.

Event Order: Events will be run in the order, but will be adjusted as needed.

Coaches Meeting: 8:30 AM in Olympic Town/ Arts & Crafts room.

Opening: 9:00 AM.

Heat Sheets: Print your own, we will not be providing copies.

Competition Pool Forms: Turn in to the Staging Admin Table located to the right of the dive tank

Scratches/Changes: Submit to the appropriate pool (Comp or Rec) Staging table.

Relay Forms: Must be turned into the Competitional Staging area by 8:15 am before the coaches meeting

Relays: Staging will begin at 8:30 and competition will begin after opening ceremonies.

Protests: Turn into Competition Pool Staging Area within 30 minutes of event.

25m Flotation: Will be run after Recreational Pool is complete with their events.

Flotation Devices: Teams must provide their own device and must be type that goes around body.

Team Seating: Balcony Seating only for teams.

Awards: Awards will be awarded upon completion of the heats' paperwork.

Competition Pool Awards: There will be two awards areas. Odd numbered heats will be awarded left of the dive tank. Even numbered heats will be awarded to the left of Awards Staging area.

Recreation Pool Awards: Will be presented on the pool deck.

Competition Pool Spectators: Spectators are **not** permitted on the pool deck.

Recreation Pool Spectators: Spectators are allowed on the pool deck.

Hospitality Room: The Hospitality room is open to Volunteers, Coaches and Spectators and is located next to the Woman's locker room.

