



**Special
Olympics**
Washington

Winter Games Young Athletes™ Experience

March 2, 2019 @ 12:00pm
Wenatchee HS- Court 2

Come join the movement and see what Special Olympics Young Athletes is all about! All children ages 2-7 are invited to participate in the FREE Young Athletes Experience during Winter Games at Wenatchee HS in Wenatchee on March 2nd.

Young Athletes™ (YA) is an inclusive sports program for children 2 -7 with and without intellectual disabilities. It's comprised of research based activities that build social and motor skills while engaging young children of all abilities. Studies have shown that 7 months of motor skill development is possible after just one eight week program. The program is even align with state PE standards!

<http://specialolympicswashington.org/young-athletes/>

The day begins with an experience which includes rotations through activities from the eight week Young Athletes program. Following the experience, the My First Sport Experience introduces children to the world of Special Olympics competition, when children participate in an informal basketball lesson and game. Each child will receive a certificate for participating. Complete the interest/registration form here:

<https://goo.gl/forms/3RZU11ME465zSLXb2>.

EXPERIENCE DETAILS:

- Check-In and Waivers
- Opening Circle, Introductions, and Stretches
- Station Rotations (throwing, kicking, balance, striking, etc.)
- My First Sports Experience (Basketball)
- Closing Circle and Awards

For additional information about Special Olympics Young Athletes or Special Olympics programming, please contact Morgan Larche, Director of Unified Schools, at 206-693-2616 or mlarche@sowa.org.

www.SpecialOlympicsWashington.org