

2019 Winter State Games

Cross Country & Snowshoeing Schedule

**Special
Olympics
Washington**



Friday, March 1st	12:00PM Volunteer Check-in	Leavenworth Sports Club
12:00-12:15 PM	Check-In	Leavenworth Sports Club
12:30-2:30 PM	CC & Snowshoeing Prelim. Round	Leavenworth Sports Club
5:00-6:00 PM	Dinner for Alpine/CC/Snow	WCC, Lower

Saturday, March 2nd

8:30AM	Volunteer Check-in	Leavenworth Sports Club
9:00 AM	Coaches Meeting	
9:30 AM	2.5K Nordic Race (Long Course)	
9:30 AM	400M Race Snowshoeing (Long Course)	
10:30 AM	100 Meter Nordic Race (Short Course)	
11:00 AM	500M Race (Long Course)	
10:30 AM	25M Race Snowshoeing (Short Course)	
10:45 AM	100M Race Snowshoeing (Short Course)	
11:00-12:30 PM	Lunch Available	
11:30 AM	10 Meter Nordic Race (Short Course)	
12:00 PM	800M Race Snowshoeing (Long Course)	
12:30 PM	1K Nordic Race (Long Course)	
1:00 PM	200M Race Snowshoeing (Long Course)	
1:00 PM	50 Meter Nordic Race (Short Course)	
1:30 PM	5K Race (Long Course)	
2:00 PM	4 x 100M Unified Snowshoeing (Long Course)	
2:30 PM	4 x 200M Unified Snowshoeing (Long Course)	

Sunday, March 3rd

8:30 AM	Volunteer Check-In/Orientation
9:30 AM	10K Race
10:30 AM	4 X 1 Unified Race

