## 2018 State Swimming



## **Event Schedule**

8:15 AM

9:15 AM

Comp Pool		Rec Pool	
1500m freestyle			
800m freestyle			
4x100m unified freestyle relay		10m assisted swim	
4x25m freestyle	relay	15m walk	
4x50m unified fre	estyle relay	15m unassisted swim	
4x100m freestyle	relay	15m flotation	
4x25m medley re	elay	15m backstroke	
4x100m unified r	nedley relay		
4x50m freestyle	relay		
4x25m Unified M	edley		
4x100m medley	relay		
4x50m medley re	elay		
4x200m unified f	reestyle relay		
25m butterfly			
400m freestyle			
25m freestyle Gr	oup A		
100m butterfly			
200m freestyle			
50m breaststroke	)		
25m Freestyle G	roup B		
100m individual	medley		
25m flotation*			
25m breaststroke	9		
100m freestyle			
50m backstroke			
200m individual	nedley		
25m backstroke			
200m breaststrol	ке		
50m butterfly			
100m backstroke	)		
50m freestyle			
100m breaststrol	ке		
200m backstroke	)		

**Competition Pool:** Events will be run in both the north and south ends of the pool.

**Recreation Pool:** Events should be finished by 1 PM.

Warm-ups: Will be in the Dive Tank.

Long distance races: 1500m races will be held at 8:15 am, 400m after relays and 800m at 8:15 or as schedule allows.

Event Order: Events will be run in the order, but will be adjusted as needed to insure meet is completed on time.

Coaches Meeting: 8:30 AM in Arts & Crafts. Summer Games Only

Opening: 9:00 AM.

Racing: 8:00 AM - 5:00 PM

Heat Sheets: Print your own, we will not be providing copies.

**Scratches:** Submit Scratch forms to the appropriate pool (Comp or Rec). **Relays:** Staging will begin at 8:30 and will begin after opening ceremonies.

Relay Forms: Must be turned into the Competition Staging area by 8:30 am before the coaches meeting

## SWIMMING EVENT SCHEDULE CONTINUED...

Special Olympics Washington

**Protests:** Turn into Competition Pool Staging Area within 30 minutes of event.

Flotation Devices: Teams must provide their own device and must be type that goes around body.

Only permitted in 15 and 25 Meter Flotation and assisted swim events.

**Team Seating:** Must use the balconies for team seating.

Awards: Awards will be awarded following completion of the heat.

**Competition Pool** Awards will be presented on the west side of the dive tank.

Recreation Pool Awards will be presented on the pool deck.

**Spectators:** Spectators are **not** permitted on the Competition Pool deck, except to watch their athlete receive their award. Spectators are permitted on the Recreation Pool deck.

**Hospitality Room:** The Hospitality room is open to Volunteers, Coaches and Spectators and is located next to the Woman's locker room. Summer Games Only.