



## 2018 Fall Games

### Flag Football

**Location:** Renton Memorial Stadium

**Date:** December 1<sup>st</sup>

**Time:** 8:00am – 5:00pm

**Participation:** 30-34 teams / 236 Athletes / 46 Unified Partners / 56 Coaches / 80 Volunteers

### Competition Overview:

Traditional and Unified teams will compete in a double elimination bracket, divisioned according to their; gender, age, and ability. Games will consist of two, fifteen-minute halves.

Individual Skills Competition will be divisioned according to each athlete's; gender, age, and ability. Starting at 11:00am, athletes will complete all five skills and be scored accordingly.

Awards will be presented on-site throughout the day as each team and individual completes their competition.

### Sport Overview:

Flag Football is a non-contact sport. Special Olympics Washington introduced it in 2015 as a pilot sport offered at only the Area level. It has now become an official sport offered by SOWA and has competitions at both the Region and State level. With over 32 teams participating state wide, Flag Football is becoming one of the fastest growing sports in Washington with three events being offered;

- **Traditional Team Competition** – All athlete team (Individuals with an intellectual disability)
- **Unified Team Competition** – Individuals with and without an intellectual disability competing as a team on the field as equals
- **Individual Skills Competition** – Athletes with lower abilities compete in five skills: *Run & Catch*, *Throwing for Accuracy*, *Throwing for Distance*, *Agility & Speed*, *Flag Pulling*.

Learn more about Flag Football by reviewing the [Rules!](#)

Learn more about the 2018 Fall Games by going to the [Fall Games Webpage!](#)

