



Greater Tri-Cities Schools Unified Track & Field Invitational

Tuesday, May 9th, 2017

What:

Students in special education (Student Athletes) and those that aren't (Student Partners) participate in three track and field events and score points for their school team. Schools are awarded similarly to a true team track meet. This is a welcoming environment that uses sports as a tool to defeat intolerance. We want students to work together, mentor one other and have fun!

Participants:

- Ages 8-21; all abilities, disabilities & skill levels welcome
- Ages 2-7: Young Athletes

Track and Field:

- We recommend participants practice once a week or every other week so they learn the sport, know what is expected and to get to know their teammates
- Most schools practice during a class, leadership hour or after school

Getting Started:

1. Gather interest from Student Partners.
2. Gather interest from Special Education students
3. Speak with teachers, paras and families
4. Practice a few times to get comfortable with each other, understand the rules and compete

Location

Fran Rish Stadium
Richland, WA

Time:

Check-In: 8:30am-9:00am
Welcome: 9:00am-9:15am
Track & Field Events: 9:30am-2:00pm
Competition Concludes: 2:00pm

2017 Races/Events:

Please see rules packet for more detailed information

Races:

- 25 Meter Race
- 50 Meter Race
- 100 Meter Race
- 200 Meter Race

Field Events:

- Running or Standing Long Jump
- Throwing Events: Tennis Ball Throw, Softball Throw, or Shot-Put

Relay:

- 4 x 100 Meter Unified Relay

***Please refer to the Unified Track & Field School Invitational Handbook for rules, registration, and more!**