



2017 SW Regional Athletics Tournament

April 29th, 2017

Event Location:

Mt. Tahoma High School
4634 S 74th St., Tacoma WA 98409

Schedule of Events:

7:30 AM: Team Check in Opens
8:00 AM: Coaches Meeting
8:30 AM: Long Jump, Hurdles & LDR Begin
9:00 AM: All Other Competitions Begin
11:30 AM: Lunch is Available
5:00 PM: Estimated Conclusion of Competition

Competition Notes:

Lunches: Lunches will be provided for athletes, coaches, and volunteers.

Weather: Dress for the weather! Some years it's sunny and others it rains. Please plan accordingly.

Awards: Presented throughout the day.

Advancing to State: The information about who will be advancing to state will be sent to coaches sometime next week.